

# Make Your Voice Heard!

## Join the Youth Council on Mental Health

### Who We Are

The Youth Council on Mental Health (YCMH), a youth-led council with a mission to positively shape the future of youth mental health in Colorado.

### YCMH members receive:

- ✓ \$45/month for their time
- ✓ Work experience, professional development & coaching
- ✓ Opportunities to engage with youth across Colorado to create real change in mental health

### The details:

- 📅 Virtual meetings 2x/month
- 💰 \$15/hour (or volunteer hours)
- 👤 All Colorado youth ages 13-19 are eligible

Applications  
open on March  
1st



Questions? Email [info@pcmh.org](mailto:info@pcmh.org)